

Malmö's journey to sustainable school food

Helen Nilsson Environment Dept, City of Malmö
helen.nilsson2@malmo.se

Public food in Sweden

- Tax financed school meals
- Nutritionally balanced lunch plus a salad buffet
- Municipalities also provide hot lunches, breakfast and snacks för preschool children and residents of care homes
- National target - 60% organic by 2030 – currently 43% - stagnating
- Currently no national goal for plant-based meals though schools should provide a vegetarian option
- Malmö
 - Annual food budget = 25M€
 - Over 40 000 lunches a day

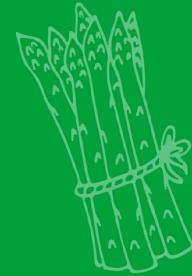
Malmö's policy for sustainable development and food

- Agreed upon 2010
- Healthy food with a high quality
- Knowledge and competence
- Sustainable procurement
- Responsible economy
- Events and official dinners

Policy för hållbar
utveckling och mat

för Malmö stad





"By 2020 all food that is served or procured by the city of Malmö should be certified organic."

"Reduce greenhouse gas emissions from food consumption by 40% from 2002 level"

70%

30%

Success factors/lessons learnt

- Clear goals
- Engaged leadership and staff
- Slowly but steadily working towards the goals
- Education to increase knowledge and understanding
- Policy, national school law and national nutritional guidelines used to support menu changes
- Dialogue with customers – food council at each school
- Test new dishes multiple times
- Close dialogue with the suppliers
- Changing attitudes of general public to plant-based meals

What is on offer in Malmö?

- Vegetarian option every day
- One to two plant based meals a week
- One to two fish based meals a week
- One to two meat based meals a week
- A generous salad buffet
- Follow national nutritional guidelines



Challenges

- Reducing food waste
- Local vs organic
- Increasing costs
- Secure supply of more local organic products
- Gain acceptance from the customers for menu changes
- What comes after current policy?



Thank you!

<https://malmo.se/Welcome-to-Malmo/Sustainable-Malmo/Sustainable-Lifestyle/Sustainable-food-in-Malmo.html>

<https://www.livsmedelsverket.se/en/food-habits-health-and-environment/dietary-guidelines/naringsrekommendationer>

<https://www.livsmedelsverket.se/en/food-habits-health-and-environment/maltider-i-vard-skola-och-omsorg/skola>

<http://norden.diva-portal.org/smash/get/diva2:704251/FULLTEXT01.pdf>