



food system change  
online congress

# Regenerative Agriculture

Any form of land use and agricultural technique that regenerates damaged soils while providing food, feed, raw materials, active ingredients or energy can be subsumed under regenerative agriculture. The wide range of methods includes reduced tillage, agroforestry systems and perennial crops.



- counteracts soil degradation caused by industrial agriculture
- restores damaged soils by strengthening soil life and building humus
- mitigates climate change: net carbon dioxide binding in the soil

sustainability  
potential

