



food system change
online congress



Market Gardening

In market gardening vegetables are grown organically on the smallest areas in low-tech (garden approach) and sold in the most direct way to nearby consumers (market approach).

- high area efficiency
- meets growing demand for regionally grown vegetables
- soil protection by avoiding heavy agricultural machinery
- denser plantation creates optimal microclimate for plants and soil
- intergenerational profitability: focus on the health of the agro-ecosystem
- strengthens food sovereignty

sustainability
potential

